Carmichael.

Mentor Programme

Become a Mentor

We value your experience and willingness to support CEO's, Executive Directors and Managers of nonprofit organisations by assisting them with personal and professional growth through your own years of experience and expertise.

"Chief Executives of small non-profits can be in a lonely position, caught between the board and the staff. Mentors are a sounding board, supporting them to think through what they need to develop their organisations. It is a privilege to be trusted to support them to develop their leadership skills and their organisations"

Adrienne Collins

"As CEO of Trócaire for twenty years I always had a mentor. I found it invaluable to be able to talk through complex issues with someone who could challenge my thinking or point to possibilities I had not considered. This was the kind of conversation that one couldn't have even with senior colleagues. As a mentor I now enjoy being able to play a similar role with the next generation of charity leadership. I appreciate being able to continue to make that contribution"

Justin Kilcullen

If you are interested in becoming a mentor please email <u>diarmaid@carmichaelireland.ie</u>

Role of the Mentor

The mentor provides advice, support and offers guidance to their mentees. A mentor should strive to:

- **Listen**: Listen actively and patiently to the mentee's concerns, questions, thoughts and ideas.
- Share experiences: Both positive and negative
- **Gives constructive feedback**: Offer advice and challenge your mentee to make decisions so they may become an independent problem solver

Key Benefits

- Strengthening of coaching and leadership skills
- People management and development
- Art of listening
- Gaining the satisfaction of providing guidance and support
- Increasing self-esteem and self-confidence
- Exposure to diverse thoughts, styles, personalities and cultures
- Understanding of how different goals motivate different people

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